

## Dr Cybele Dey

MBBS Uni Syd (Hons 1) FRANZCP (Adv Cert Child Psychiatry) FRACP (Paeds)  
M. Psychiatry (NSWIOP), Certificate in Family Systems Theory and Practice

### Child, Adolescent and Family Psychiatrist

## Information for Initial Appointments with Dr Dey

Most information is available at:

[www.drcybeledey.com.au](http://www.drcybeledey.com.au)

### What to bring

- A referral for the child or adolescent from their General Practitioner and preferably a referral for all family members<sup>1</sup>
- Medicare card
- Letters or reports that you have from other professionals who have been involved, such as a school counsellor, teacher, psychologist or paediatrician
- Completed registration form having read the privacy information (included at the end of this document and available at the website)

### Time-frame

Please arrive 15 minutes early to complete the paperwork. The first appointment is 2.5 hours and a comprehensive psychiatric assessment for a child or adolescent usually requires 2-3 appointments. This includes a minimum of an initial appointment with parents and the child or adolescent and parent appointment (included in the 2.5 hours). Ongoing therapy appointments are usually one hour and may be weekly or less frequent.

### Who is needed

The initial appointment is with both parents and the child or adolescent where possible, or with the parent who initiated the referral if parents are not both living with the child. If time permits, Dr Dey may also see parents and/or children or adolescents separately at this appointment. The assessment includes a parent interview and usually requires 2-3 appointments.

### Location

Family Talks Clinic  
Level 3, 30 Atchinson Street  
St Leonards NSW 2065  
[www.familytalksclinic.com.au](http://www.familytalksclinic.com.au)

Family Talks Clinic is located about 5 minutes walk from Hume Street carpark. This is a council carpark providing 2 hours free car space.

By Train: Family Talks Clinic is located 4 minutes walk from St Leonards train station

---

<sup>1</sup> A referral for all family members is not essential for the appointment but it reduces out of pocket costs through what is eligible to be claimed from Medicare.

## Fees and payment options

Dr Dey's practice is not a bulk-billing practice and payment is requested at the time of the appointment. We accept VISA and Mastercard and we have an EFTPOS facility. Dr Dey's appointments are partly refundable by Medicare. Dr Dey's current initial appointment fees are:

If the General Practitioner is referring for ongoing management total cost of the initial assessment appointment is **\$775** of which the family receives \$370 back from Medicare. The "out of pocket" cost to the family is **\$405.25**.

If the GP is referring for a "one off" **Assessment and Management Plan Report** the then total cost of the assessment appointment is **\$938.50** of which the family receives **\$ 533.55** back from Medicare. The "out of pocket" cost to the family is **\$405.25**.

The Medicare Safety net covers 80% of the gap fee for out of hospital costs when the threshold is reached providing that the family has registered their Medicare card. For more information please see:

<http://www.humanservices.gov.au/customer/services/medicare/medicare-safety-net>

### **Cancellation policy for new appointments<sup>2</sup>**

Please contact the office as soon as possible if you need to cancel an appointment so that we can offer the appointment to families on our waiting list.

There is no cancellation fee if this is done with 1 weeks' notice.

If an appointment is missed or cancelled within 3 business days of the appointment then the full fee is payable: \$775 (and \$350 for the separate parent appointment). If cancelled with notice more than 3 business days but less than one week then half the fee is payable, being \$387.50 (and \$175 for the parent appointment).

Cancellation fees do not attract a Medicare rebate.

## Please note

Dr Dey is in private practice one day per week and while offering comprehensive assessment and ongoing therapy, does not provide an emergency service or consultation at other times.

Dr Dey does not provide medico-legal assessments nor reports and the administrative team at her practice are able to provide details of other Child and Adolescent psychiatrists who provide these services and other Child and Adolescent Psychiatrists can be found at The Royal Australian and New Zealand College of Psychiatrists website:

<http://www.ranzcp.org/Resources/find-a-psychiatrist.aspx>

---

<sup>2</sup> Follow up appointments may be cancelled with 3 business days' notice to avoid a cancellation fee